

How to become an Ophthalmic Nurse at Halmstad University

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What do a Swedish ophthalmic nurse do?

Visual acuity, Visual field tests,
Intraocular pressure, Color vision, Eye
muscles tests, Slit-lamp examinations

Nurse led clinics

- Triage at eye emergency room
- Glaucoma
- Diabetes, screening -
photography
- AMD
- Administer intravitreal injections
- Dry eyes
- Patient education

- E.g. assess visual fields, fundus
photography



And.....

- Telephone counseling
 - OCT
 - Photography
 - Angiography such as fluorescein angiography
 - Surgery
 - Assist during eye surgery
 - Pre- and post operative examinations
- ..and probably so much more



Hämtat från Vårdhandboken

The Swedish Higher Education Act SFS 2006:173

- Higher education must rest on a **scientific basis** and be **evidence based**
- Higher education must be conducted so that there is a **strong connection between research and education**

Exams

- Specialist Nurse in Ophthalmic Care (a professional degree)
- One year Master (an academic degree)



Entry requirements

- Registered nurse
- Bachelor's degree including a bachelor's thesis of 15 credits
- At least one year full time work experience as a registered nurse



Specialist Nursing - Ophthalmic Nursing

60 credits

Term 1

- The eye - anatomy and physiology, optics*
- Ophthalmiatrics 1– in the perspective of ophthalmic nursing (anterior segments)*

Term 2

- Ophthalmology in Ophthalmic Nursing Care I*
- Ophthalmiatrics II – in the perspective of ophthalmic nursing (posterior segments)*

Term 3

- Science Theory and Scientific Method*
- Ophthalmology in Ophthalmic Nursing Care II (posterior segments)*

Term 4

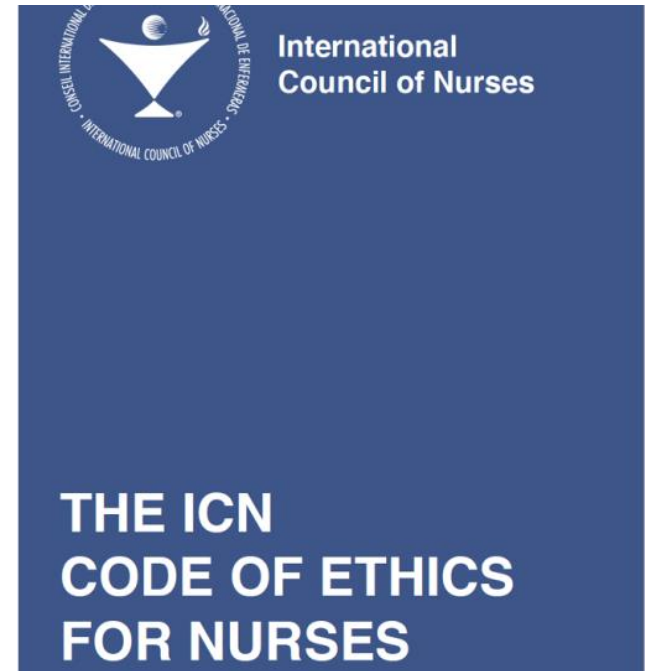
Nursing - Thesis, Ophthalmic Care 15 credits

*7,5 credits

The ICN Code of Ethics for Nurses

The Core Competencies of Nursing

- Person centered care
- Teamwork and collaboration
- Evidencebased care
- Quality improvement
- Informatics
- Safe Care



The supervisor nursing placement

- Specialist nurse exam
- At least one year working experience
- Preferable a course in *Supervising Nursing students* 7,5 credits

Challenges

To find supervisors
who are specialist
ophthalmic nurses!



<http://nurseadvisormagazine.com/tn-exclusive/how-to-become-an-ophthalmic-nurse/>

Nursing placements

- Field studies
 - 2 days with an ophthalmic nurse during the first
 - Low vision clinic
 - Orthoptist
- 5 weeks anterior segments including 1 week eye surgery
- 5 weeks posterior segments

(full time because of the continuity)

Assessment of Clinical Education tool AssCe

Factors in the AssCE-master tool

1. Communication and interaction with patients
2. Communication and encounter with next of kin
3. Co-operation with various authorities within nursing and health care
4. Informs and teaches patients and family/friends
5. Informs and teaches colleagues and students
6. Describes patients' nursing care needs
7. Plans and prioritizes nursing care interventions
8. Carries out nursing care interventions
9. Follows up needs/problems and nursing care interventions
10. Reports, documents and record-keeping
11. Participates in and carries out examinations and treatments
12. Administers medications
13. Plans, organizes and allocates work assignments
14. Co-operates
15. Readiness to act
16. Safety awareness
17. Scientific awareness
18. Ethical awareness
19. Self-knowledge
20. Thoroughness, reliability and judgment
21. Independence

The student shall be able to

I. Communication and teaching

1. Communication and interaction with patients

Inadequate achievement of goals	Good achievement of goals	Very good achievement of goals
	Demonstrate an independent and professional approach in the communication with patients, also in complicated situations involving individuals with different cognitive capacities. Demonstrate the ability to listen. Demonstrate knowledge and commitment to facilitating communication and ensuring patient participation.	Demonstrate an <i>advanced</i> independent and professional approach in the communication with patients, also in complicated situations involving individuals with different cognitive capacities. Demonstrate a <i>specialised</i> knowledge and commitment to facilitating communication and ensuring patient participation.

Comments:

Triple Jump examination

Firstly (step one)

2 patient visits with various assessments

Secondly (step two)

Identify "problem areas" in caring related to the 2 cases

Finally (third step)

Oral seminar together with other students



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